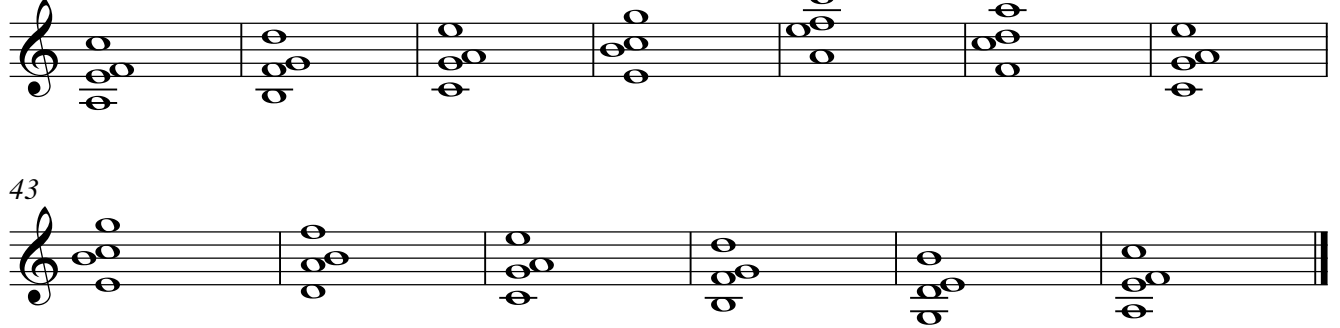




**D** Muscle Memory

Mar. 

**E** Variable Gates

Mar. 

At F;  
 Play as double vertical 8th notes in 4/4  
 Play as double vertical 8th notes in 7/8  
 Play as 8th/16th note permutations  
 Always End On a Block Chord

- Example permutations:
- |                 |                                     |
|-----------------|-------------------------------------|
| As 8ths/16ths   | As Sextuplets/8th notes in 6/8 time |
| 1) 1243 or 4312 | 5) 123432                           |
| 2) 2134 or 3421 | 6) 212343                           |
| 3) 1234 or 3412 | 7) 121434                           |
| 4) 4321 or 2143 | 8) Challenge yourself!              |