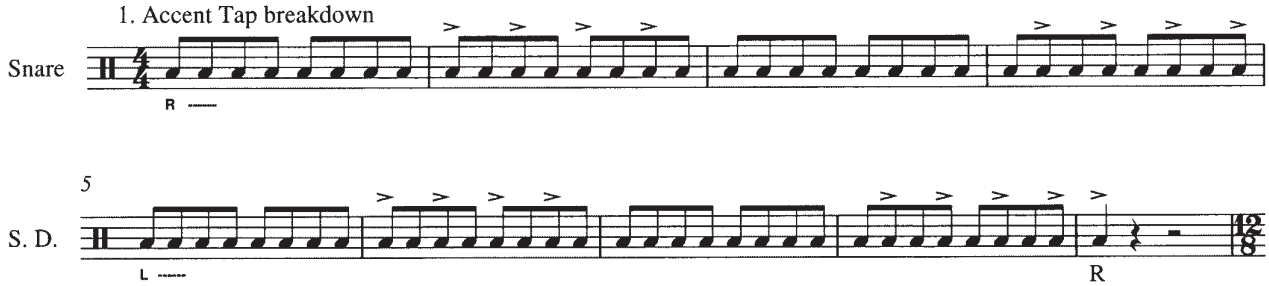
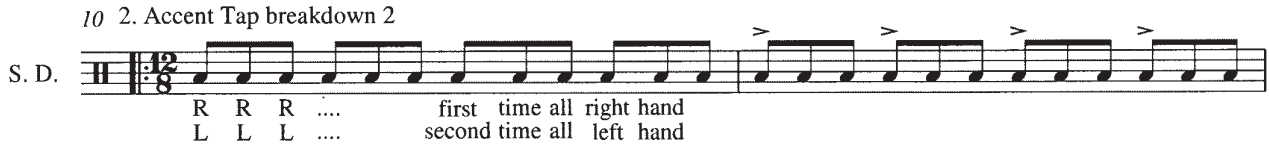
Exercise Breakdowns ♩= 60-120

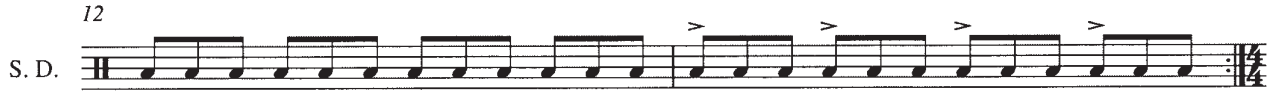
Breakdowns are the first thing to learn! Focus on the hand motion for each breakdown.
Start at a slow tempo and be PATIENT. They also double check technique and accuracy!

1. Accent Tap breakdown



10 2. Accent Tap breakdown 2

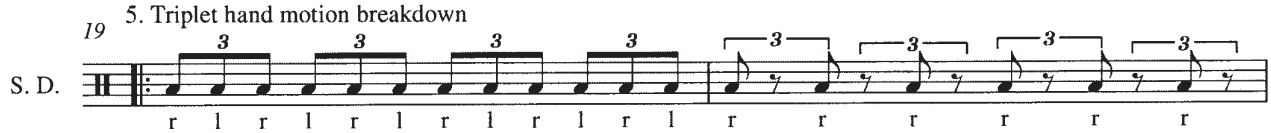


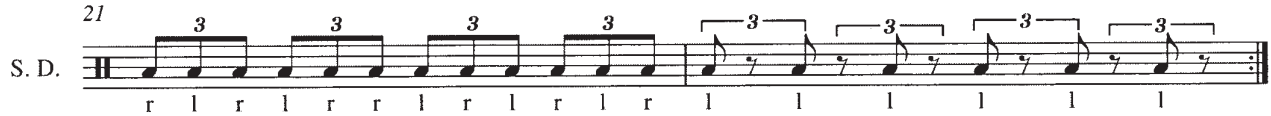


14 3. Sanford D/Gallup breakdown

16 4. Gallup breakdown

5. Triplet hand motion breakdown





MP 8's 2013

Play at all dynamic levels
Listening 8's- the center player will vary the tempo

Coon/Gates

♩ = 80 - 180

Snare
Tenor "over"
Tenor "triangles"
Bass
Cymbals
Marimba

R L R L

Right hand on rim

hi-hats
sizzle

5

S. D.
T. D.
T. D.
B. D.
Cym.
Mar.

R L R L

R R R

hi-hats
sizzle

Continue chromatically
and circle of 5th/4ths

MP Tap Timing 2013

Learn 2 measures at a time- follow exact sticking!
Play bars 1 and 2 with left hand playing on leg- listen to right hand 8th notes.
Play bars 3 and 4 with right hand playing on leg- listen to left hand 8th notes.

traditional

♩ = 80-152

Snare
Marching Cymbals
Marimba

R L R R L R R L R

MP Sanford D 2013

Fred Sanford/Coon/Gates

♩ = 80-128 bpm

All notes should be played even
Mallets- follow sticking from tap timing

Snare
Tenor
Bass
bell taps
low crash
pea soup
L R L R L
Cymbals
Marimba
R L R R L R R R L R R L R L R L R L R L R L R L L R L L R L R L R L R L R L R L R R R L R L L R L R L

5

S. D.
T. D.
B. D.
vacuum
L R L R L R
Cym.
Mar.

MP Gallup 2013

Traditional/Coon

All notes should be played even
Play at all dynamics
Mallets- R, L, B is right, left, or both hands

♩ = 100-160

Snare
Right hand on rim
Bass
zing
edge tap
Cymbals
Marimba

7

S. D.
B. D.
Cym.
Mar.